

REPORTING EXCLUSIONARY TIME-OUT ROOMS IN MASSACHUSETTS SCHOOLS



**KEEP KIDS IN
CLASSROOMS.**

STOP THE USE OF
EXCLUSIONARY
TIME-OUT ROOMS
IN SCHOOLS.

The use of exclusionary time-out rooms has been found to cause trauma and harm to children and staff.

If your child, or a child you are working with has been or is currently being placed in an exclusionary time-out room in a Massachusetts school, please make the Department of Elementary and Secondary Education (DESE) aware of your concerns.

Address: 135 Santilli Highway, Everett, MA 02149

Phone Number: 781-338-3111

The following are additional steps you can take to report incidents involving exclusionary time-out rooms.

School District Level

Principal and/or Special Education Director

Special Education Parent Advisory Committee (SEPAC)

<https://fcsn.org/masspac/>

School Committee

Superintendent of School District

[Superintendent Directory - M.A.S.S. \(massupt.org\)](#)

State Level - Massachusetts

Department of Elementary and Secondary Education (DESE)

[Massachusetts Department of Elementary and Secondary Education \(DESE\) Problem Resolution System Office](#)

Massachusetts Attorney General's Office

[Massachusetts Attorney General's Office Civil Rights Complaint System](#)

The Disability Law Center (DLC)

[The Massachusetts Disability Law Office](#)

The Ed Law Project

[EdLaw Project – CPCS Website \(publiccounsel.net\)](#)

Massachusetts Advocates for Children (MAC)

[Call our Helpline – Massachusetts Advocates for Children \(massadvocates.org\)](#)

Federation for Children with Special Needs

[Contact Us – Federation for Children with Special Needs \(fcsn.org\)](#)

Massachusetts Down Syndrome Congress (MDSC)

[Contact Us - MDSC](#)

TASH

[Tash.org](#)

Parent/Professional Advocacy League

[Contact | Parent Professional Advocacy League \(ppal.net\)](#)

State Representatives & State Senators

[Find My Legislator \(malegislature.gov\)](#)

National Level

The Department of Justice, Office of Civil Rights

[The Office of Civil Rights](#)

The Alliance Against Seclusion and Restraint (AASR)

[The Alliance Against Seclusion and Restraint](#)

TASH

[Tash.org](#)

Disability Rights Organization (Varies by State)

[NDRN Member Agencies - P&A - CAP | NDRN](#)

ALTERNATIVES TO EXCLUSIONARY TIME-OUT ROOMS:

Guy Stephens, Alliance Against Seclusion and Restraint (AASR)	Alliance Against Seclusion and Restraint (endseclusion.org)
Kim Sanders, Ukeru Systems	Trauma Informed Care, Restraint Free Approach - Ukeru Systems®
Cynthia Graton, Lives in the Balance	LIVES IN THE BALANCE
Susan Hopkins, The MEHRIT Centre	The MEHRIT Centre Home - Shanker Self-Reg.®
Dr. Lori Desautels, Revelations in Education	REVELATIONS IN EDUCATION – Lori Desautels, Ph.D
Gareth Morewood, The LASER Program	Training for Schools, Teachers, and Support Staff Studio 3 in Education
Hallie Carpenter, Think Kids, Massachusetts General Hospital (MGH)	Think:Kids : Home (thinkkids.org)
Corey Meurer, Building Communities of Care (BCC)	Building Communities of Care Trauma Informed Training (jri.org)
Connie Persike, Supportable Solutions	Supportable Solutions Speech Language Pathologist and Educational Consultant
Emily Read Daniels, The Regulated Classroom	The Regulated Classroom
Susan Driscoll, Crisis Prevention Institute (CPI)	Reframing Behavior CPI Training Crisis Prevention Institute (CPI)

RESOURCES & ACTION STEPS

TITLE	NAME
Massachusetts Education Laws and Regulations 603 CMR 46.00 Prevention of Physical Restraint and Requirements If Used	603 CMR 46.00: Prevention of Physical Restraint and Requirements If Used - Education Laws and Regulations (mass.edu).
AASR Letter of No Consent	Restraint, Seclusion, and Corporal Punishment: A No Consent Letter - Alliance Against Seclusion and Restraint (endseclusion.org).
Action Step 1:	Share alternatives to time-out rooms with your child's team at school, principal, school committee, SEPAC, and/or others in the district that can help.
Action Step 2:	Ask to see the time-out rooms at your child's school and request time-out room data.
Action Step 3:	Contact DESE and the state advocacy organizations listed above to share your concerns about time-out rooms.
Action Step 4:	Contact your state officials to voice your concerns about time-out rooms.

Thank you for sharing this information to help create a safe and therapeutic environment in our Massachusetts schools.